

The riders had a head wind to contend with on the outward leg with a cross wind to battle on the return from the island on the A429 (Peugeot Island) making for a hard ride.

1st Dave Watson 22min 14sec, 2nd Richard Howes 23min 34sec, 3rd Richard Chamberlian 23min 44sec.

In the section for the riders who rode a Road bike (No Tri Bars or Disc Wheels) 1st Phil Evens 25min48sec, 2nd Steve Hopper 26min15sec, 3rd Dave Parkes 27min21sec.