A great night for a personal best, unfortunately a course change spoiled things as I had to change the course from the Stoneleigh circuit to the short Stareton circuit due to there being traffic lights at the top of Stoneleigh Hill.

Dave Watson was first with 11min 12sec, 2nd Richard Howes 11min 57sec and 3rd Darren Atkins 12min 20sec

1st of the private Rides being Matt Clinton 11min 55sec.

A good ride was done by Joe Atkins this being only his third time trial attempt with a 13min 7sec.