

Hi All

It was a balmy evening for the last evening training 10 mile time trial. Most riders were satisfied with their efforts. Richard Howes was the quickest with (23:13), Terry Meechan 2nd. With (23:23) and 3rd. was David Boughton with (23:52).

10 mile training league plaque goes to Richard Howes.

The final training 10 league result out of eight members eligible ( The average of their best five training 10 rides) is: Richard Howes(22:48,26.32mph), Martin Swales(24:01, 24.99mph), Piers Lawford(24:31, 24.47mph), Andy Gardner(25:34, 23.47mph), John Grumbley(26:23, 22.74mph), Martin Toms (26:24, 22.73), Peter Key(26:28, 26.68mph), Don Jones(27:24, 21.09mph)